



# RE:SHIFT COLLECTIVE



*Shift the way you learn. Shift the way you live.*



### **1:1 Sessions**

Personalised support focused on building trust and engagement through activities the young person enjoys. Sessions are built around their interests, at their pace and in their way.



### **Workshops**

A chance to learn, try something new, and build confidence in a friendly and informal setting. Each workshop is shaped to be engaging and relevant to their lives.



### **Group Sessions**

Thematic sessions to bring young people together to take part in activities they enjoy, explore new interests and share experiences in a relaxed and supportive space

**TALK WITH US TODAY!**



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